SUZANNE MARIE PUCKETT, M.A.Ed., LPC

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**EDUCATION**

 **East Carolina University,** Greenville, North Carolina

 M.A.Ed. 1992. Counseling Education.

 Concentration: School Counseling & Rehab Counseling

 B.A. 1989. Psychology.

 Concentration: Child Development.

**LICENSE AND CERTIFICATION**

 **Licensed School Counselor** (# 643816)

**Licensed Professional Counselor** (LPC #2688)

 **AutPlay Certification**  Play and behavioral therapy approach to working

with children and families affected by autism, attention deficit hyperactivity

disorder, neurodevelopmental disorders, dysregulation issues, and other

developmental disabilities. (#CE159432)

**CLINICAL PROFESSIONAL EXPERIENCE**

**Puckett Child and Family Therapy:** Raleigh, NC

June 2018-Present

**Child and Family Therapist**

Provide child therapy, individual therapy, family therapy, parent coaching, and stress

 management. Treatment modalities such as play therapy, cognitive behavioral therapy,

mindfulness training, parent education and solution based therapy are used. Specialities

child and teen anxiety and Autism Mental Health.

**Adolescent, Child and Adult Psychiatry**: Raleigh, North Carolina

April 2017-Present

**Mental Health Therapist**

Provide child therapy, individual therapy, family therapy, parent coaching, and stress

 management. Treatment modalities such as play therapy, cognitive behavioral therapy,

mindfulness training, parent education and solution based therapy are used.

**Johnston County Public Schools**: Smithfield, North Carolina

November 2006-present

**Elementary and Middle School Counselor**

Provide individual counseling to students and parents to assist students with issues such as ADHD management, Anxiety support, Autism support, low self-esteem, poor academic performance and peer conflicts. Provide group counseling, to address social skills, self esteem, and conflict resolution needs. Develop behavior interventions utilizing behavior contracts. Develop and present mental health education to teachers and parents. Coordinate Social Services Child Abuse referrals, Suicide Risk Assessments, and Mental Health referrals.

**Suzanne Puckett**

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**CLINICAL PROFESSIONAL EXPERIENCE**(Cont’d)

**Triumph, LLC:** Raleigh, North Carolina

January 2005- June 2006

**Family Therapist:** Provided Individual and Family Therapy for children and teens with mental and behavioral disorders. Coordinated with the staff psychiatrist to ensure clients were receiving treatment with the limited pharmaceutical side effects.

**Wake County Public Health Department:** Raleigh, NC

June 1996- November 2006

**Child Services Coordinator**: Completed developmental screens on infants and

toddlers. Provided parent education and counseling to parents of high risk infants and

children. Collaborated with agencies in order to assist families with needed medical

interventions.

 **Community Health Care Services: Healthy Families Polk,** Bartow, Florida

 February 1995 to May 1996

 **Social Work Family Practitioner:** Provided individual, group and family

 therapy. Completed Psychosocial and Clinical Assessments, and treatment plans.

 Coordinated case management services for families. Addressed issues

 such as depression, substance abuse, childhood issues, communication and low-

self-esteem to improve parent/ child relationships. Developed curriculum for, marketed,

and instructed parenting classes. Worked collaboratively with Family

 Support Workers and their supervisor. Provided periodic staff in-services.

 **Youth and Family Alternatives,** Dade City, Florida

 February 1993 to February 1995

 **Children’s Therapist:** Provided developmental education and crisis intervention

 to foster parents. Assisted foster children, through play (individual and group),

 with issues such as grief, loss, anger management, self-esteem, and maintaining

 an emotional connection with their biological parents. Staffed cases with

 colleagues and psychiatrist for the purpose of DSM IV diagnosis and Medicaid

 billing. Facilitated small group counseling session. Assisted with case management.

 **I.C.C.P. Counselor:** Completed Psychosocial assessments and termination

 summaries. Provided families, involved with the Social Service System (H.R.S.),

 with family counseling, parent education, crisis management, and case

 management. Chair: Protective Supervision Committee. Secretary and member of

 Agency Network Committee. Facilitated small group session with student in

 alternative high school setting. Worked collaboratively with community agencies

 also involved with families or to encourage families to receive additional services.

 **Nova Southeastern University,** Tampa, Florida

 August 1994- November 1994

 **Consultant:** Visited Tampa Daycare centers to provide assistance with issues,

 such as: classroom management, child development concerns or activities.**Suzanne Puckett**

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**CLINICAL PROFESSIONAL EXPERIENCE**(Cont’d)

 **St. Thomas University,** Miami, Florida

 January 1993- December 1993

 **Adjunct Professor:** Instructed formal classes on child development to day care

 professionals in preparation for CDA credentials.

 **Wahl Coates Elementary School, Greenville**, North Carolina

 May 1992-December 1992

 **School Counselor Practicum and Intern:** Facilitated small groups and

 individual counseling. Provided parent and teacher consultations. Provided

 training for the Peer Mediation Program. Developed classroom presentation.

 **Pitt Community College,** Greenville, North Carolina

 March 1989 to May 1990

 **Lead Instructor:** Project SEE Compensatory Education Program. Enhanced

 social interaction skills for adults with developmental disabilities, through

 psychodrama groups and field trips in the community. Improved basic living

 skills and increased academic knowledge through class activities.

**ACHIEVEMENTS**

 **Johnston County Employee of the Year** nominee(April 2018)

 **Johnston County Employee of the Year** nominee(April 2017)

**Johnston County Employee of the Month** (May 2014)

**Trainings:**

 **Mid Atlantic Play Therapy Training Institute** (2018) 26 hours

**A Framework for Understanding Poverty,** (Nov. 2014) 12 hours

 **AutPlay Certification** (9/18) Play and behavioral therapy approach to working

with children and families affected by autism, attention deficit hyperactivity

disorder, neurodevelopmental disorders, dysregulation issues, and other

developmental disabilities. (#CE159432)

**Healthy Families Certified.**

**Psychodrama:** 70 hours of group training with Dr. EllaMae Shearon

 **Workshop Presentations:**

2019. Academic Success in Small Group Counseling. NCSCA Drive-In Workshop

2018. Students and Social Media Safety

 2016. Parenting for Academic Success

2016. Mental Health and School Behavior

2015 & 2016. Homework, Study Skills and the EOG.

2010 -2016, (annually.) 504- The Legalities and Responsibilities in the Schools.

1994. Early Childhood Education in the 90’s. Land O’Lakes, Fl. “An Overview

 For Early Childhood Professionals.” A Seminar for Childcare Professionals.

 1991. Creative Dimensions in Developmental Disabilities. Greenville, N.C

 “Behavior Counts. Feelings Matter.”

 1990. FABA. Orlando, Fl. “Feelings First: Methods for Meeting the Emotional

 Needs of Persons with Developmental Disabilities.”